

Judson Meadows Breakfast Menu

Warm Cereals

**Oatmeal
Cream of Wheat**

Cold Cereals

**Cheerios
Rice Krispies
Raisin Bran
Complete Bran Flakes**

This Morning's Offerings

Yogurt and Fruit Plate

Low Fat yogurt with fresh fruit and our muffin of the day

Scrambled Eggs

Served with orange sections and grits

Always Available

Muffin of the day

English Muffin

Bagel

Eggs Your Way

French Toast

Buttermilk Pancakes

Served with orange sections and grits